

MaineHealth

Hospital To Home: Improving Patient Transitions

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PATIENT
CENTERED

RESPECT

INTEGRITY

EXCELLENCE

OWNERSHIP

INNOVATION

Play along and win!



Act with
kindness and
compassion.

Be an active
listener.

Be a role
model.

Set high
standards.

Take
responsibility.

Embrace
change.

MaineHealth Learning Resource Centers



Falmouth, Maine



Scarborough, Maine

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Health educators



What do health educators do?

- Provide reputable health information
- Teach healthy living classes
- Communicate through social media and online chat
- Write healthy living blogs
- Advance care planning facilitation
- Health coaching
- Focus group facilitation

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LRC & Family Medicine

Our 10 year collaboration has resulted in:

- Patient referrals
- Hospital to Home program (H2H)
- Staff trainings
- ACP facilitation



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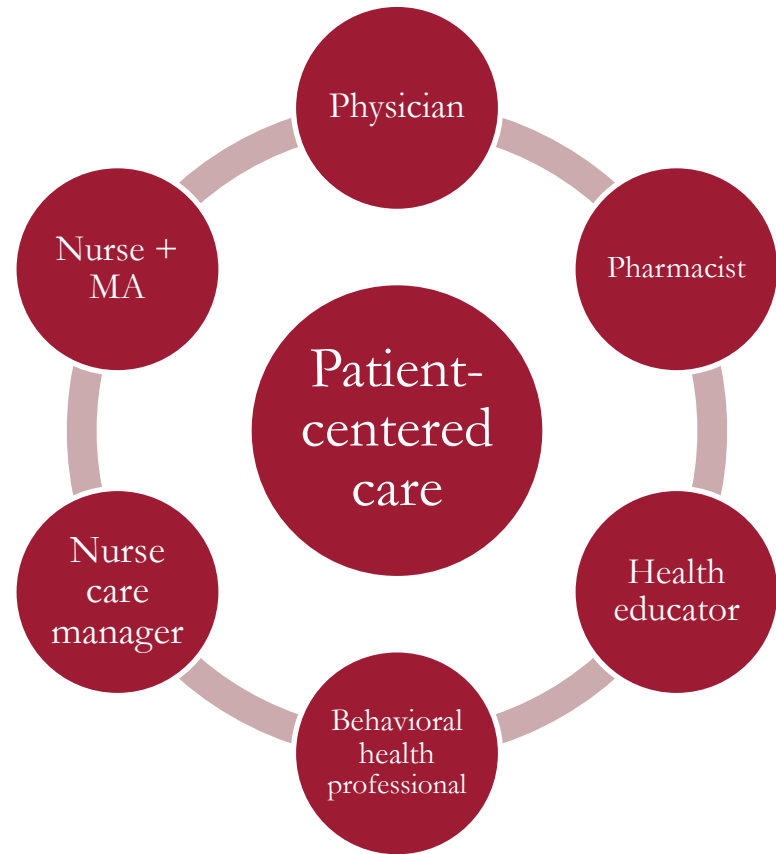
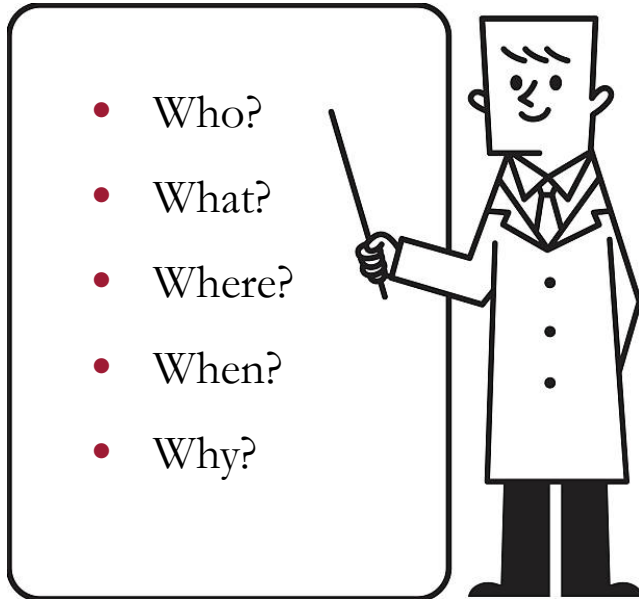
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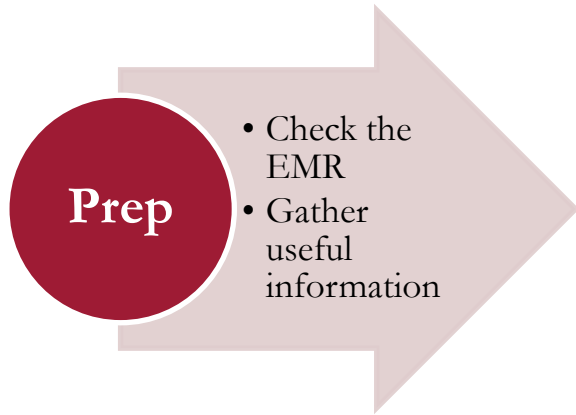
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Hospital to Home: H2H

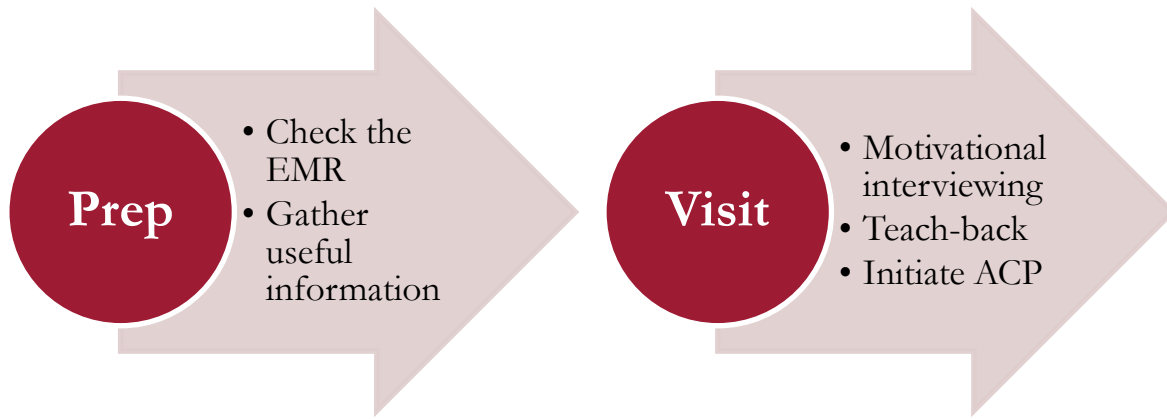


- Act with kindness and compassion.
- Be an active listener.
- Be a role model.
- Set high standards.
- Take responsibility.
- Embrace change.

Our role on the H2H team



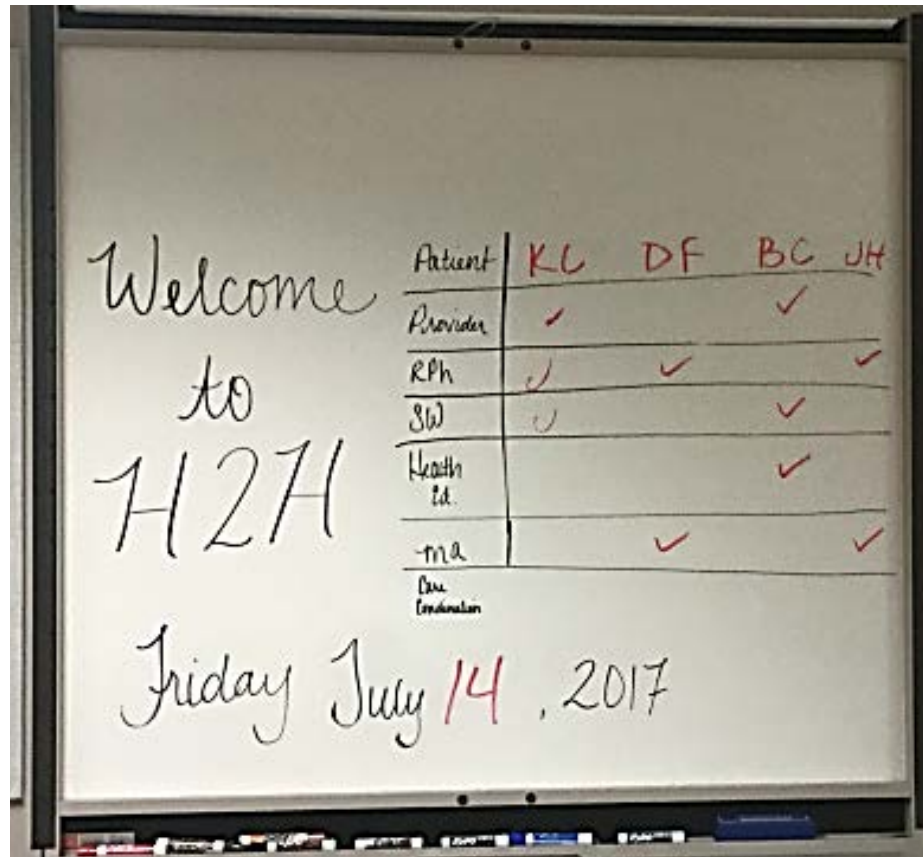
Our role on the H2H team



Our role on the H2H team



A multidisciplinary approach



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The H2H team



Left to right: Corinn (pharmacist), Kathy (doctor), Ellen (LCSW), Kayla (MA), Holly (RN)

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Challenges & successes



- Electronic medical record
- Disparities
- Substance abuse
- Lack of self-efficacy
- Low health literacy skills



- Providing clear & concise health info
- Meeting patients where they are at
- Bringing information to them
- Setting healthy goals
- Advance directives on file

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Our ideas for improvements



- Increase push for advance care planning
- Data collection
- PDSA cycle
- Updated H2H handout
- Prescription pad project

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Questions?



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